

## Assembly Concurrent Resolution No. 5

### RESOLUTION CHAPTER 4

Assembly Concurrent Resolution No. 5—Relative to American Heart Month and Wear Red Day.

[Filed with Secretary of State February 27, 2007.]

#### LEGISLATIVE COUNSEL'S DIGEST

ACR 5, Berg. American Heart Month and Wear Red Day.

This measure would recognize February 2007 as American Heart Month in California in order to raise awareness of the effect of heart disease on women. The measure would also recognize February 2, 2007, as Wear Red Day in California, and urge all citizens to show their support for women and the fight against heart disease by wearing and displaying the color red on that day.

WHEREAS, Heart disease is the leading cause of death and stroke and is the third leading cause of death in California and the United States; and

WHEREAS, Cardiovascular diseases (CVD) claim the lives of over 460,000 American women each year, approximately one death per minute; and

WHEREAS, Each year, 53 percent of all cardiovascular disease deaths occur in women, as compared to 47 percent in men, and about 32,800 more women than men die from stroke; and

WHEREAS, In 2007, the estimated direct and indirect costs of CVD and stroke in the United States total \$431.8 billion; and

WHEREAS, More women die of CVD than the next five leading causes of death combined, including all cancers; and

WHEREAS, Only 13 percent of women perceive heart disease as their greatest risk; and

WHEREAS, Stroke is the number one cause of serious, long-term disability; and

WHEREAS, The American Heart Association is the largest voluntary, not-for-profit organization whose mission is to reduce disability and death from heart disease and stroke; and

WHEREAS, The American Heart Association is committed to conducting and supporting medical research that advances knowledge in the areas of prevention and treatment of CVD; and

WHEREAS, The American Heart Association strives to inform all citizens about the critical importance of tools and skills that will increase the survival rate of women from heart disease and stroke; and

WHEREAS, February is designated as American Heart Month; and

WHEREAS, Go Red for Women is the American Heart Association's national call to increase awareness of heart disease, the leading cause of death for women, and to inspire women to take charge of their heart health; and

WHEREAS, All women should learn their own personal risk for heart disease, using tools like the American Heart Association's Go Red for Women Heart Checkup, and by talking to their health care provider; and

WHEREAS, Wear Red Day is recognized nationwide each year to highlight the Go Red for Women campaign; now, therefore, be it

*Resolved by the Assembly of the State of California, the Senate thereof concurring,* That the Legislature recognizes the month of February 2007 as American Heart Month in California in order to raise awareness of the importance of the ongoing fight against heart disease and stroke; and be it further

*Resolved,* That the Legislature recognizes February 2, 2007, as Wear Red Day in California, and urges all citizens to show their support for women and the fight against heart disease by commemorating this day by wearing the color red; and be it further

*Resolved,* That the Legislature urges public support for Go Red for Women events planned in their community during the 2007 American Heart Month; and be it further

*Resolved,* That the Chief Clerk of the Assembly transmit copies of this resolution to the author for appropriate distribution.